

Schedule - Al Mizhar

GIRLS	Starters Girls (3-4 years)	Pre-Team Beginners Girls (5-6 years)	Pre-Team Advanced Girls (7+ years) (Level 1-2)	TEAM Girls Invitation Only (Level 3+)	Rhythmic Girls
SATURDAY	10:00 - 11:00 am	11:00 am - 12:00 noon	10:00 am - 12: 00 noon	11:00 am - 02:00 pm	02:00 - 04:00 pm
	02:00 - 03:00 pm	03:00 - 04:00 pm	12:00 noon - 02:00 pm		
			02:00 - 04:00 pm		
SUNDAY	04:00 - 05:00 pm	05:00 - 06:00 pm	04:00 - 06:00 pm 06:00 - 08:00 pm	05:00 - 08:00 pm	-
MONDAY	04:00 - 05:00 pm	04:00 - 05:00 pm 05:00 - 06:00 pm	04:00 - 06:00 pm 06:00 - 08:00 pm	05:00 - 08:00 pm	06:00 - 08:00 pm
TUESDAY	04:00 - 05:00 pm	04:00 - 05:00 pm 05:00 - 06:00 pm	04:00 - 06:00 pm 06:00 - 08:00 pm	05:00 - 08:00 pm	-
WEDNESDAY	04:00 - 05:00 pm	05:00 - 06:00 pm	04:00 - 06:00 pm 06:00 - 08:00 pm	05:00 - 08:00 pm	06:00 - 08:00 pm
THURSDAY	04:00 - 05:00 pm	05:00 - 06:00 pm	04:00 - 06:00 pm 06:00 - 08:00 pm	05:00 - 08:00 pm	-

BOYS	Starters Boys (3-4 years)	Pre-Team Beginners Boys (5-6 years)	Pre-Team Advanced Boys (7+ years) (Level 3-4)	TEAM Boys Invitation Only (Level 4+)
SATURDAY	10:00 - 11:00 am	10:00 - 11:00 am	12:00 noon - 02: 00 pm	11:00 am - 02:00 pm
	03:00 - 04:00 pm		02:00 - 04: 00 pm	
SUNDAY	04:00 - 05:00 pm	04:00 - 05:00 pm	06:00 - 08:00 pm	05:00 - 08:00 pm
MONDAY	04:00 - 05:00 pm	04:00 - 05:00 pm	06:00 - 08:00 pm	05:00 - 08:00 pm
TUESDAY	04:00 - 05:00 pm	04:00 - 05:00 pm	06:00 - 08:00 pm	05:00 - 08:00 pm
WEDNESDAY	04:00 - 05:00 pm	04:00 - 05:00 pm	04:00 - 06:00 pm 06:00 - 08:00 pm	05:00 - 08:00 pm
THURSDAY	04:00 - 05:00 pm	04:00 - 05:00 pm	04:00 - 06:00 pm 06:00 - 08:00 pm	05:00 - 08:00 pm